# Introduction

My choice of application was inspired by an advertisement I heard on the radio from a Scottish Government initiative named “Count 14”. It’s an initiative designed to make the general public aware of the effects of mass consumption of alcohol, as well as (according to the NHS) your consumption limits.

Being a Personal License Holder (holding a Level 6 SCPLH[[1]](#footnote-1) qualification), this has lined up with the training that I have received from my management and the qualifications board, which has outlined the importance of monitoring your alcohol consumption. Yes, you’re allowed nights out and you’re allowed to treat yourself; but that doesn’t always mean that alcohol should be involved. Making more sensible choices with alcohol will lead to a healthier and less alcohol-dependant country.   
  
According to the figures given by Alcohol Focus Scotland (one of the many SCPLH1 training companies), the Scottish Health Survey 2019, ScotPHO, STAG Trauma Annual Report 2015 and The Societal Cost of Alcohol Misuse in Scotland for 2007:

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| 1 in 4 people drink at hazardous/harmful levels (> 20 units per week). | There were an estimated 94,360 alcohol-related consultations with GPs by 48,420 patients. | Alcohol harm costs £3.4bn p.a. in health, social care, crime, productive capacity and wider costs. |
| Drinking more than 14 units per week was recorded in 32% of men and 16% of women. | Consultation rates were at their highest with those aged 65 or over. | Alcohol costs the Scottish health service £267m p.a. |
| Men drink an average of 16.1 units per week, while women drink 8.9 units per week. | Alcohol is associated with 33% of major trauma patients and found in 25% of all traumas. | The cost of alcohol-related crime is £727m p.a. |
| 16% of people in Scotland say they’re non-drinkers. | Involvement of alcohol is found twice as common in male trauma patients. | Alcohol costs every local authority in Scotland millions of pounds p.a. |

# Software/Application Design

## The home-page UI wireframeInterface

# Software/Application Implementation

# Evaluation of Final Product & Evaluation

# References / Acknowledgements

## References

https://www.count14.scot – Count14 website from the Scottish Government & NHS

https://www.alcohol-focus-scotland.org.uk/alcohol-information/alcohol-facts-and-figures/ - Figures related to alcohol dependency and alcohol-related incidents in the last 5/6 years.

## Acknowledgements

https://www.pngguru.com/free-transparent-background-png-clipart-bwdjw - shots.jpg

https://www.pngguru.com/free-transparent-background-png-clipart-beush - beer.jpg

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https://github.com/mitchtabian/ListViews - Layout design idea/tutorial for implementing universal image loader via gradle.

https://github.com/nostra13/Android-Universal-Image-Loader - Universal image loader used (see above).

1. Scottish Certificate for Personal License Holders – Is a recognised SQA qualification which allows you to legally train staff to work behind a bar and supervise & authorise the sale of alcohol on licensed premises. [↑](#footnote-ref-1)